

mtvU / Associated Press Survey
March 2008



Interviewing dates: Feb. 28 - Mar. 6, 2008
Interviews: 2,253 4-year college students age 18-24
Margin of error: +/- 3.0

*Note: All results shown are percentages unless otherwise labeled.
A "*" signifies less than one percent.*

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Sex

| | Percent | Valid Percent |
|--------|---------|---------------|
| Male | 49 | 49 |
| Female | 51 | 51 |
| Total | 100 | 100 |

Age

| | Percent | Valid Percent |
|-----------|---------|---------------|
| Age 18-19 | 40 | 40 |
| Age 20-21 | 40 | 40 |
| Age 22-24 | 20 | 20 |
| Total | 100 | 100 |

Q3. Class level

| | Percent | Valid Percent |
|-----------|---------|---------------|
| Freshman | 28 | 28 |
| Sophomore | 27 | 27 |
| Junior | 23 | 23 |
| Senior | 19 | 19 |
| DK/NA | 3 | 3 |
| Total | 100 | 100 |

Q4. Do you live...

| | Percent | Valid Percent |
|--------------------------------|---------|---------------|
| On campus | 50 | 50 |
| Off campus | 35 | 35 |
| At home with parents or family | 11 | 11 |
| DK/NA | 3 | 3 |
| Total | 100 | 100 |

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Q5. Race / Ethnicity

| | Percent | Valid Percent |
|-----------------------------------|---------|---------------|
| White | 56 | 56 |
| Black | 15 | 15 |
| Hispanic or Latino | 14 | 14 |
| Asian | 9 | 9 |
| American Indian or Alaskan Native | 1 | 1 |
| Other | 2 | 2 |
| Refused | 3 | 3 |
| Total | 100 | 100 |

Q6. Are you of Hispanic or Latino descent, or not?

| | Percent | Valid Percent |
|---------|---------|---------------|
| Yes | 13 | 13 |
| No | 80 | 80 |
| Refused | 6 | 6 |
| Total | 100 | 100 |

Q7. When you think about how things are going in your life in general, would you say you are...

| | Percent | Valid Percent |
|---------------------------|---------|---------------|
| Very unhappy | 9 | 9 |
| Somewhat unhappy | 10 | 10 |
| Neither happy nor unhappy | 9 | 9 |
| Somewhat happy | 33 | 33 |
| Very happy | 31 | 31 |
| DK/NA | 8 | 8 |
| Total | 100 | 100 |

Q8. If the election for president were held today and these candidates were on the ballot, for whom would you vote?

| | Percent | Valid Percent |
|-------------------------------|---------|---------------|
| Hillary Clinton, the Democrat | 39 | 39 |
| John McCain, the Republican | 21 | 21 |
| Mike Huckabee (volunteered) | 1 | 1 |
| Ralph Nader (volunteered) | 1 | 1 |
| Barack Obama (volunteered) | 14 | 14 |
| Ron Paul (volunteered) | 1 | 1 |
| Other | 3 | 3 |
| Would not vote | 12 | 12 |
| DK/NA | 8 | 8 |
| Total | 100 | 100 |

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Q9. If the election for president were held today and these candidates were on the ballot, for whom would you vote?

| | Percent | Valid Percent |
|-------------------------------|---------|---------------|
| Barack Obama, the Democrat | 59 | 59 |
| John McCain, the Republican | 23 | 23 |
| Mike Huckabee (volunteered) | 1 | 1 |
| Ralph Nader (volunteered) | * | * |
| Ron Paul (volunteered) | 1 | 1 |
| Hillary Clinton (volunteered) | 1 | 1 |
| Other | 2 | 2 |
| Would not vote | 11 | 11 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

Q10. Which comes closest to your view?

| | Percent | Valid Percent |
|--|---------|---------------|
| It matters more than usual who gets elected in the next presidential election | 70 | 70 |
| It doesn't matter any more than usual who gets elected in the next presidential election | 28 | 28 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

Q11. All in all, thinking about how things have gone in Iraq since the U.S. went there in March of 2003, do you think the U.S....?

| | Percent | Valid Percent |
|---|---------|---------------|
| Made the right decision in going to war with Iraq | 30 | 30 |
| Made a mistake in going to war with Iraq | 68 | 68 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

Q12. Do you personally know anyone who has served or is currently serving in Iraq or Afghanistan since October, 2001, or not?

| | Percent | Valid Percent |
|-------|---------|---------------|
| Yes | 50 | 50 |
| No | 46 | 46 |
| DK/NA | 4 | 4 |
| Total | 100 | 100 |

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Q13. What best describes your relationship to this person? (Base: Know someone who has served in Iraq/Afghanistan)

| | Percent | Valid Percent |
|---------------------|---------|---------------|
| Self | 1 | 2 |
| Spouse | * | * |
| Significant other | 1 | 2 |
| Brother or Sister | 2 | 5 |
| Mother or Father | 1 | 2 |
| Other family member | 9 | 19 |
| School classmate | 6 | 13 |
| Friend | 25 | 50 |
| DK/NA | 3 | 7 |
| Total | 50 | 100 |
| Missing System | 50 | |
| Total | 100 | |

Q14. What is this person doing now? (Base: Know someone who has served in Iraq/Afghanistan)

| | Percent | Valid Percent |
|--|---------|---------------|
| Still in the military | 32 | 64 |
| Left the military and now attending school | 5 | 10 |
| Left the military and now employed | 5 | 11 |
| Left the military and now unemployed | 1 | 3 |
| Killed in action | 2 | 3 |
| Other | 1 | 2 |
| DK/NA | 4 | 8 |
| Total | 50 | 100 |
| Missing System | 50 | |
| Total | 100 | |

Q15A. Was this person wounded in action in Iraq or Afghanistan, or not? (Base: Know someone who has served in Iraq/Afghanistan)

| | Percent | Valid Percent |
|----------------|---------|---------------|
| Yes | 8 | 15 |
| No | 41 | 82 |
| DK/NA | 2 | 3 |
| Total | 50 | 100 |
| Missing System | 50 | |
| Total | 100 | |

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Q15B. Did this person suffer significant psychological trauma after action in Iraq or Afghanistan, or not? (Base: Know someone who has served in Iraq/Afghanistan)

| | | Percent | Valid Percent |
|---------|--------|---------|---------------|
| | Yes | 9 | 19 |
| | No | 38 | 77 |
| | DK/NA | 2 | 4 |
| | Total | 50 | 100 |
| Missing | System | 50 | |
| Total | | 100 | |

Q16. How much stress did this person's service in Iraq or Afghanistan cause you personally? (Base: Know someone who has served in Iraq/Afghanistan)

| | | Percent | Valid Percent |
|---------|--------------------|---------|---------------|
| | A lot of stress | 8 | 15 |
| | Some stress | 20 | 40 |
| | Very little stress | 14 | 28 |
| | No stress at all | 7 | 15 |
| | DK/NA | 1 | 2 |
| | Total | 50 | 100 |
| Missing | System | 50 | |
| Total | | 100 | |

Q17. How easy or difficult do you think it is for service members to adjust back to life in the United States when they return from war in Iraq or Afghanistan? (Base: Know someone who has served in Iraq/Afghanistan)

| | | Percent | Valid Percent |
|---------|------------------------------|---------|---------------|
| | Very easy | 1 | 2 |
| | Somewhat easy | 4 | 8 |
| | Neither easily nor difficult | 11 | 22 |
| | Somewhat difficult | 22 | 44 |
| | Very difficult | 11 | 22 |
| | DK/NA | 1 | 1 |
| | Total | 50 | 100 |
| Missing | System | 50 | |
| Total | | 100 | |

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Q18. How good a job do you think the U.S. government is doing at providing veterans returning from Iraq and Afghanistan with the medical and psychological treatment they need?

| | Percent | Valid Percent |
|-------------------|---------|---------------|
| Very good job | 7 | 7 |
| Somewhat good job | 33 | 33 |
| Somewhat poor job | 36 | 36 |
| Very poor job | 21 | 21 |
| DK/NA | 3 | 3 |
| Total | 100 | 100 |

Q19. During the past three months, how often have you experienced stress in your daily life?

| | Percent | Valid Percent |
|------------|---------|---------------|
| Never | 3 | 3 |
| Rarely | 15 | 15 |
| Sometimes | 41 | 41 |
| Frequently | 39 | 39 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

Q20. Over the past three months, how much of an impact did each of the following have on the stress you experienced in your daily life?

a. Extracurricular activities

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 17 | 17 |
| Some impact | 33 | 33 |
| Very little impact | 24 | 24 |
| No impact at all | 17 | 17 |
| DK/NA | 10 | 10 |
| Total | 100 | 100 |

b. Family issues

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 20 | 20 |
| Some impact | 30 | 30 |
| Very little impact | 27 | 27 |
| No impact at all | 18 | 18 |
| DK/NA | 5 | 5 |
| Total | 100 | 100 |

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Q20. Over the past three months, how much of an impact did each of the following have on the stress you experienced in your daily life? (Cont'd)

c. Financial worries

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 27 | 27 |
| Some impact | 35 | 35 |
| Very little impact | 20 | 20 |
| No impact at all | 13 | 13 |
| DK/NA | 5 | 5 |
| Total | 100 | 100 |

d. Relationships/dating

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 19 | 19 |
| Some impact | 31 | 31 |
| Very little impact | 24 | 24 |
| No impact at all | 18 | 18 |
| DK/NA | 8 | 8 |
| Total | 100 | 100 |

e. The grades you get in school

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 36 | 36 |
| Some impact | 35 | 35 |
| Very little impact | 14 | 14 |
| No impact at all | 10 | 10 |
| DK/NA | 5 | 5 |
| Total | 100 | 100 |

f. Your friends

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 10 | 10 |
| Some impact | 29 | 29 |
| Very little impact | 34 | 34 |
| No impact at all | 22 | 22 |
| DK/NA | 5 | 5 |
| Total | 100 | 100 |

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Q20. Over the past three months, how much of an impact did each of the following have on the stress you experienced in your daily life? (Cont'd)

g. Your job

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 11 | 11 |
| Some impact | 22 | 22 |
| Very little impact | 21 | 21 |
| No impact at all | 20 | 20 |
| DK/NA | 26 | 26 |
| Total | 100 | 100 |

h. Your school work

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 37 | 37 |
| Some impact | 37 | 37 |
| Very little impact | 15 | 15 |
| No impact at all | 7 | 7 |
| DK/NA | 6 | 6 |
| Total | 100 | 100 |

i. Your physical health

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 11 | 11 |
| Some impact | 25 | 25 |
| Very little impact | 27 | 27 |
| No impact at all | 29 | 29 |
| DK/NA | 8 | 8 |
| Total | 100 | 100 |

j. Mental health/emotional issues

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 12 | 12 |
| Some impact | 20 | 20 |
| Very little impact | 25 | 25 |
| No impact at all | 31 | 31 |
| DK/NA | 12 | 12 |
| Total | 100 | 100 |

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Q20. Over the past three months, how much of an impact did each of the following have on the stress you experienced in your daily life? (Cont'd)

k. Concerns about finding a full-time job after graduation

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 18 | 18 |
| Some impact | 23 | 23 |
| Very little impact | 23 | 23 |
| No impact at all | 26 | 26 |
| DK/NA | 11 | 11 |
| Total | 100 | 100 |

l. Concerns about getting into graduate or professional school

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of impact | 15 | 15 |
| Some impact | 18 | 18 |
| Very little impact | 20 | 20 |
| No impact at all | 29 | 29 |
| DK/NA | 18 | 18 |
| Total | 100 | 100 |

Q21. Over the past three months, was there a time when you seriously considered leaving or dropping out of college, or not?

| | Percent | Valid Percent |
|-------|---------|---------------|
| Yes | 19 | 19 |
| No | 79 | 79 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

Q22. How often were each of the following statements true for you during the past three months?

a. You had trouble sleeping

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 16 | 16 |
| Rarely | 29 | 29 |
| Sometimes | 36 | 36 |
| Most of the time | 11 | 11 |
| All of the time | 6 | 6 |
| DK/NA | 1 | 1 |
| Total | 100 | 100 |

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**Q22. How often were each of the following statements true for you during the past three months?
(Cont'd)**

b. You felt like you couldn't get motivated or get things done

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 9 | 9 |
| Rarely | 26 | 26 |
| Sometimes | 45 | 45 |
| Most of the time | 14 | 14 |
| All of the time | 4 | 4 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

c. You didn't feel like eating

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 29 | 29 |
| Rarely | 36 | 36 |
| Sometimes | 27 | 27 |
| Most of the time | 5 | 5 |
| All of the time | 2 | 2 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

d. You didn't want to do things you used to enjoy

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 28 | 28 |
| Rarely | 39 | 39 |
| Sometimes | 24 | 24 |
| Most of the time | 6 | 6 |
| All of the time | 2 | 2 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

e. You felt that you were too tired to do things

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 11 | 11 |
| Rarely | 27 | 27 |
| Sometimes | 42 | 42 |
| Most of the time | 15 | 15 |
| All of the time | 4 | 4 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

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**Q22. How often were each of the following statements true for you during the past three months?
 (Cont'd)**

f. You felt irritable or agitated

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 10 | 10 |
| Rarely | 31 | 31 |
| Sometimes | 43 | 43 |
| Most of the time | 11 | 11 |
| All of the time | 3 | 3 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

g. You felt like a failure or like you let people down

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 29 | 29 |
| Rarely | 33 | 33 |
| Sometimes | 24 | 24 |
| Most of the time | 9 | 9 |
| All of the time | 3 | 3 |
| DK/NA | 3 | 3 |
| Total | 100 | 100 |

h. You felt depressed

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 28 | 28 |
| Rarely | 36 | 36 |
| Sometimes | 23 | 23 |
| Most of the time | 9 | 9 |
| All of the time | 2 | 2 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

i. You enjoyed life

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 3 | 3 |
| Rarely | 7 | 7 |
| Sometimes | 22 | 22 |
| Most of the time | 45 | 45 |
| All of the time | 19 | 19 |
| DK/NA | 4 | 4 |
| Total | 100 | 100 |

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**Q22. How often were each of the following statements true for you during the past three months?
(Cont'd)**

j. You felt hopeful about the future

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 3 | 3 |
| Rarely | 8 | 8 |
| Sometimes | 26 | 26 |
| Most of the time | 42 | 42 |
| All of the time | 18 | 18 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

k. You felt life was not worth living

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 70 | 70 |
| Rarely | 17 | 17 |
| Sometimes | 8 | 8 |
| Most of the time | 3 | 3 |
| All of the time | 1 | 1 |
| DK/NA | 1 | 1 |
| Total | 100 | 100 |

l. You had trouble thinking or concentrating

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 11 | 11 |
| Rarely | 33 | 33 |
| Sometimes | 41 | 41 |
| Most of the time | 11 | 11 |
| All of the time | 3 | 3 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

m. You felt worried or anxious

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 10 | 10 |
| Rarely | 31 | 31 |
| Sometimes | 42 | 42 |
| Most of the time | 12 | 12 |
| All of the time | 4 | 4 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

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**Q22. How often were each of the following statements true for you during the past three months?
(Cont'd)**

n. You felt like you needed to cut down on drinking or going out

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 43 | 43 |
| Rarely | 26 | 26 |
| Sometimes | 19 | 19 |
| Most of the time | 7 | 7 |
| All of the time | 2 | 2 |
| DK/NA | 3 | 3 |
| Total | 100 | 100 |

o. You wanted to use alcohol or drugs to relax

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 45 | 45 |
| Rarely | 22 | 22 |
| Sometimes | 22 | 22 |
| Most of the time | 8 | 8 |
| All of the time | 3 | 3 |
| DK/NA | 1 | 1 |
| Total | 100 | 100 |

p. You intentionally cut or injured yourself

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 85 | 85 |
| Rarely | 5 | 5 |
| Sometimes | 5 | 5 |
| Most of the time | 2 | 2 |
| All of the time | 1 | 1 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

q. You felt understood by your family

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 8 | 8 |
| Rarely | 14 | 14 |
| Sometimes | 25 | 25 |
| Most of the time | 36 | 36 |
| All of the time | 15 | 15 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

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**Q22. How often were each of the following statements true for you during the past three months?
(Cont'd)**

r. You felt lonely

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Never | 24 | 24 |
| Rarely | 31 | 31 |
| Sometimes | 29 | 29 |
| Most of the time | 9 | 9 |
| All of the time | 4 | 4 |
| DK/NA | 3 | 3 |
| Total | 100 | 100 |

Q23. At any point during the past three months have you ever felt so stressed that you couldn't get your school work done?

| | Percent | Valid Percent |
|------------------------------------|---------|---------------|
| Yes, it has happened once or twice | 44 | 44 |
| Yes, it has happened several times | 19 | 19 |
| No, it hasn't happened at all | 35 | 35 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

Q24. At any point during the past three months have you ever felt so stressed that you didn't want to hang out with your friends or participate in social activities?

| | Percent | Valid Percent |
|------------------------------------|---------|---------------|
| Yes, it has happened once or twice | 38 | 38 |
| Yes, it has happened several times | 17 | 17 |
| No, it hasn't happened at all | 42 | 42 |
| DK/NA | 3 | 3 |
| Total | 100 | 100 |

Q25. What do you plan to do during spring break? (Q4 is a multiple response question. Percentages may add to more than 100%.)

| Response | Percent |
|---------------------------------------|---------|
| Go home | 43 |
| Take a trip somewhere other than home | 40 |
| Work | 26 |
| Look for a summer job or internship | 17 |
| Stay at school | 10 |
| None of the above | 7 |

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Q26. Thinking about spring break, how much do you worry about each of the following?

a. Being around people who are drinking too much

| | Percent | Valid Percent |
|----------------------|---------|---------------|
| Very worried | 5 | 5 |
| Somewhat worried | 12 | 12 |
| Not worried too much | 25 | 25 |
| Not worried at all | 54 | 54 |
| DK/NA | 3 | 3 |
| Total | 100 | 100 |

b. Being in shape / fit

| | Percent | Valid Percent |
|----------------------|---------|---------------|
| Very worried | 10 | 10 |
| Somewhat worried | 35 | 35 |
| Not worried too much | 28 | 28 |
| Not worried at all | 23 | 23 |
| DK/NA | 4 | 4 |
| Total | 100 | 100 |

c. You personally drinking too much

| | Percent | Valid Percent |
|----------------------|---------|---------------|
| Very worried | 4 | 4 |
| Somewhat worried | 10 | 10 |
| Not worried too much | 25 | 25 |
| Not worried at all | 57 | 57 |
| DK/NA | 5 | 5 |
| Total | 100 | 100 |

d. Getting along with others

| | Percent | Valid Percent |
|----------------------|---------|---------------|
| Very worried | 3 | 3 |
| Somewhat worried | 12 | 12 |
| Not worried too much | 32 | 32 |
| Not worried at all | 48 | 48 |
| DK/NA | 4 | 4 |
| Total | 100 | 100 |

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Q26. Thinking about spring break, how much do you worry about each of the following? (Cont'd)

e. Keeping safe

| | Percent | Valid Percent |
|----------------------|---------|---------------|
| Very worried | 5 | 5 |
| Somewhat worried | 17 | 17 |
| Not worried too much | 30 | 30 |
| Not worried at all | 42 | 42 |
| DK/NA | 7 | 7 |
| Total | 100 | 100 |

f. Not having enough money to really enjoy it

| | Percent | Valid Percent |
|----------------------|---------|---------------|
| Very worried | 13 | 13 |
| Somewhat worried | 32 | 32 |
| Not worried too much | 24 | 24 |
| Not worried at all | 26 | 26 |
| DK/NA | 5 | 5 |
| Total | 100 | 100 |

g. Having "casual" sex

| | Percent | Valid Percent |
|----------------------|---------|---------------|
| Very worried | 4 | 4 |
| Somewhat worried | 9 | 9 |
| Not worried too much | 19 | 19 |
| Not worried at all | 64 | 64 |
| DK/NA | 5 | 5 |
| Total | 100 | 100 |

Q27. In general, how safe do you feel on campus?

| | Percent | Valid Percent |
|-----------------|---------|---------------|
| Very safe | 49 | 49 |
| Somewhat safe | 37 | 37 |
| Not too safe | 5 | 5 |
| Not at all safe | 2 | 2 |
| DK/NA | 6 | 6 |
| Total | 100 | 100 |

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Q28. What best describes the role of the Internet in your daily life at college?

| | Percent | Valid Percent |
|--|---------|---------------|
| It's so important to your life you can't imagine living without it | 55 | 55 |
| It's an important part of your life, but you could live without it | 31 | 31 |
| You use it but it doesn't play much of a role in your life | 6 | 6 |
| You don't use it at all | 1 | 1 |
| DK/NA | 7 | 7 |
| Total | 100 | 100 |

Q29. During the past three months, how much stress have you felt from each of the following?

a. Keeping up with instant messages and chats

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of stress | 5 | 5 |
| Some stress | 8 | 8 |
| Very little stress | 20 | 20 |
| No stress at all | 52 | 52 |
| DK/NA | 15 | 15 |
| Total | 100 | 100 |

b. Keeping up your pages on personal networking sites like MySpace or Facebook

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of stress | 2 | 2 |
| Some stress | 9 | 9 |
| Very little stress | 24 | 24 |
| No stress at all | 54 | 54 |
| DK/NA | 11 | 11 |
| Total | 100 | 100 |

c. Not being able to be online often enough

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| A lot of stress | 3 | 3 |
| Some stress | 8 | 8 |
| Very little stress | 20 | 20 |
| No stress at all | 54 | 54 |
| DK/NA | 15 | 15 |
| Total | 100 | 100 |

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Q30. In the past three months, how often have you been unable to spend time with other people "in person" because you were spending your time on the Internet?

| | Percent | Valid Percent |
|------------------|---------|---------------|
| Very often | 3 | 3 |
| Somewhat often | 12 | 12 |
| Not too often | 28 | 28 |
| Not at all often | 54 | 54 |
| DK/NA | 4 | 4 |
| Total | 100 | 100 |

Q31. If you were in serious emotional distress or were thinking about hurting yourself, how sure are you that you would know where or whom to turn to for help?

| | Percent | Valid Percent |
|-----------------|---------|---------------|
| Very sure | 56 | 56 |
| Somewhat sure | 24 | 24 |
| Not too sure | 11 | 11 |
| Not at all sure | 5 | 5 |
| DK/NA | 3 | 3 |
| Total | 100 | 100 |

Q32. Who do you think you would turn to for help? (Q32 is a multiple response question. Percentages may add to more than 100%.)

| Response | Percent |
|------------------------------------|---------|
| Friends | 76 |
| Parents | 63 |
| Brothers or Sisters | 47 |
| Significant other | 34 |
| A religious leader | 27 |
| A professor/teacher | 23 |
| Other | 21 |
| School Counseling | 20 |
| Other family member | 19 |
| Resident Advisers (RAs) | 18 |
| Online resources | 18 |
| A crisis hotline | 17 |
| Private therapists | 10 |
| Spouse | 5 |
| I wouldn't turn to anyone for help | 4 |

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Q33. How familiar are you with the counseling resources available on campus?

| | Percent | Valid Percent |
|---------------------|---------|---------------|
| Very familiar | 14 | 14 |
| Somewhat familiar | 32 | 32 |
| Not too familiar | 30 | 30 |
| Not at all familiar | 22 | 22 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

Q34. At any time during the past year have any of your friends talked about wanting to end their life, or not?

| | Percent | Valid Percent |
|-------|---------|---------------|
| Yes | 16 | 16 |
| No | 82 | 82 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

Q35. At any time during the past year have any of your friends made a suicide attempt, or not?

| | Percent | Valid Percent |
|-------|---------|---------------|
| Yes | 11 | 11 |
| No | 87 | 87 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

Q36. At any time during the past year have you seriously thought about ending your life, or not?

| | Percent | Valid Percent |
|-------|---------|---------------|
| Yes | 9 | 9 |
| No | 89 | 89 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

Q37. Since starting college, have you considered talking to a counselor or mental health professional to help you deal with your stress or other emotional issues, or not?

| | Percent | Valid Percent |
|-------|---------|---------------|
| Yes | 26 | 26 |
| No | 72 | 72 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

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Q38. Since starting college, have you received any type of support or treatment from a counselor or mental health professional, or not?

| | Percent | Valid Percent |
|-------|---------|---------------|
| Yes | 15 | 15 |
| No | 82 | 82 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |

Q40. Have you ever been diagnosed with a mental health condition (like depression, anxiety disorder, bipolar disorder, or others, or not?)

| | Percent | Valid Percent |
|-------|---------|---------------|
| Yes | 13 | 13 |
| No | 84 | 84 |
| DK/NA | 4 | 4 |
| Total | 100 | 100 |

Q41. How well have you been able to follow your treatment plan? (Base: Ever been diagnosed with a mental health condition)

| | Percent | Valid Percent |
|--|---------|---------------|
| You are able to follow your treatment plan without difficulty | 4 | 33 |
| It is sometimes hard to follow your treatment plan, but you mostly stick with it | 4 | 35 |
| You have been unable to follow your treatment plan | 1 | 9 |
| I am not currently on a treatment plan | 3 | 21 |
| DK/NA | * | 2 |
| Total | 13 | 100 |
| Missing System | 87 | |
| Total | 100 | |

Q42. What kind of grades do you get in school?

| | Percent | Valid Percent |
|--------------------|---------|---------------|
| Mostly A's | 19 | 19 |
| Mostly A's and B's | 47 | 47 |
| Mostly B's and C's | 26 | 26 |
| Mostly C's and D's | 3 | 3 |
| Mostly D's | 1 | 1 |
| DK/NA | 4 | 4 |
| Total | 100 | 100 |

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Q43. Do you rely on any of the following sources to finance your education? (Q43 is a multiple response question. Percentages may add to more than 100%.)

| Response | Percent |
|---------------------------------|---------|
| Money from parents | 63 |
| Student loans | 49 |
| A part-time or full-time job | 47 |
| Scholarships | 47 |
| Personal savings | 27 |
| Money from other family members | 15 |
| None of these | 2 |

Q44. Generally, how honestly have you answered these questions?

| | Percent | Valid Percent |
|---------------------|---------|---------------|
| Not honestly at all | 2 | 2 |
| Somewhat honestly | 6 | 6 |
| Very honestly | 29 | 29 |
| Completely honestly | 62 | 62 |
| DK/NA | 2 | 2 |
| Total | 100 | 100 |